Who says kids can’t make a difference? In Missouri, a group of students is changing lives around the world! How are they doing this? They’re buying farm animals!

Millions of people live with little food and money, so the gift of an animal can actually save lives. More than 10 years ago, the second-graders at Forsyth School learned about how Heifer International helps people. They decided they wanted to help, too.

Heifer is an organization that has been “turning hunger and poverty into hope” for almost 70 years. It does this by giving farm animals to poor people and teaching them how to use the animals to improve their lives. A heifer is a young cow, and these animals have become a symbol of Heifer’s work. That’s because families with a cow can produce milk that they can drink and that they can trade for other things they need.

Animals save lives in other ways, too. Strong animals, such as water buffaloes, can plow land. Families with a water buffalo can grow more food to eat and to sell. Heifer also gives such animals as goats, sheep, camels, and even bees to needy families.

Each second-grade class at the school decides which animals to buy and how much to give to special projects. The students’ favorite part of working with Heifer is that they can help others. They don’t want kids their age to be without shelter or food.

The students raise money by recycling cans and making jewelry. Some even ask that birthday or holiday gifts be given to Heifer! A water buffalo costs $250: that’s a lot of recycled cans!

Kids can do many things to help others. Your class might want to raise money for Heifer, too. You might also want to give your money or your time to a group in your community that helps people. Why not talk with your classmates about how your school can help others?
Changing Lives, One Cow at a Time

Write all these words in the right places to complete this puzzle, which tells some things you learned about how kids can make a difference in the world. You can reread the article before you begin, but don’t look back at it while you are working. After you’ve completed the puzzle, read it to someone.

<table>
<thead>
<tr>
<th>animals</th>
<th>buffalo</th>
<th>cans</th>
<th>cow</th>
<th>goats</th>
</tr>
</thead>
<tbody>
<tr>
<td>grow</td>
<td>help</td>
<td>milk</td>
<td>need</td>
<td>poor</td>
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Millions of people in the world don’t have enough food. A group called Heifer International wants to help these ____________________________ people.

Heifer International gives farm ____________________________ to people who need them. Some of the animals they give are heifers. A heifer is a young ____________________________.

When people have a cow, they can drink the ____________________________ it produces. They can also trade the milk for other things they ____________________________.

Heifer International gives other kinds of animals to poor people, too. One of these is the water ____________________________. Water buffaloes can plow land, which helps the people ____________________________ more food to eat and sell. Some needy families are given ____________________________, sheep, camels, or even bees.

When some second graders in Missouri heard about Heifer International, they wanted to ____________________________, too. These students raised money by recycling ____________________________ and making jewelry. They sent this money to Heifer International to buy more cows and other animals for poor people.
Review

Changing Lives, One Cow at a Time

Write keywords or phrases that will help you remember what you learned.