

Popular Foods



LEVEL B-10 • Written by Elfrieda H. Hiebert



**Ice cream cones
are very popular.**

Foods That People Love

It seems that popular foods like ice cream cones and hot dogs have always been around. However, many popular foods were first made when people wanted something that didn't take much time to make or eat. Many of these foods can be eaten while standing up or while doing something else, like walking or watching TV. Some popular foods were made to solve a problem.

Ice cream cones, for example, were first made at the World's Fair in 1904. When an ice cream seller ran out of dishes, he solved his problem by taking a waffle, rolling it into a cone, and scooping ice cream into it. People loved eating waffles with ice cream, and a popular food was born.

Key Notes:

What does *popular* mean in this reading?



Pizza uses flat bread and toppings.

Pizza

Although pizza was first made in Italy, people in the Middle East were eating flat bread hundreds of years before pizza was first made. Like pizza, the Middle Eastern bread did not rise or puff up, and it was topped with oil and spices.

Flat bread became pizza in Italy in the late 1800s when a cook wanted to please an Italian king and queen. He wanted to make a food that had the red, white, and green colors of the Italian flag, so he put red sauce, white cheese and green herbs on flat bread. When Italians came to the United States, they began making pizza in this country. Today, pizza is made around the world with many different toppings.

Key Notes:

What is flat bread? Where was it first made?



Hot dogs are a popular food. People enjoy putting different toppings on them.

Hot dogs

In about the year 900 B.C., Greek people were eating a food that was like a hot dog. However, people in Germany say that the hot dogs that are popular today were first eaten there in 1487. They are called hot dogs because they look like a popular little dog some Germans brought to the United States.

In the United States, hot dogs were served to large numbers of people at a fair that was held in 1893. Many people liked the food because it was both easy to eat and low in cost. That same year, hot dogs began to be served widely at ball games. Today, hot dogs are one of the most popular foods in the United States.

Key Notes:

Why do people in the United States like hot dogs?



**There are many
different kinds
of tacos.**

Tacos

People have been eating tacos in North America for hundreds of years. In Mexico today, tacos are eaten the same way sandwiches are eaten in the United States. People wrap meat, cheese, or other fillings in bread or a corn cake and eat their tacos while they walk or do other things.

Also like sandwiches, tacos are filled with foods that are popular in different places. In the United States, tacos are often filled with meat and cheese. In Mexico, though, tacos are filled with foods that are popular in certain areas. Near the sea, for example, tacos are often filled with fish. In areas where cows are raised, tacos are often filled with beef. Tacos can even be filled with shark fins.

Key Notes:

What are tacos?

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