



Are You Scared of Santa and His Beard?

If seeing a big bushy beard makes you want to run and hide, you might have **pogonophobia**. This funny-sounding word comes from two Greek roots: **pogon** means beard and **phobia** means fear.

Some people get super nervous around beards. It might be Santa Claus's or the beard of an uncle. Whoever it is, pogonophobics act in certain ways when they see someone with a big beard. Their hearts beat faster and they just want to go away! It's weird but true. Some people's brains tell them beards are scary. At least now you know what to call it!